

Peptide Cheat Sheet (Printable PDF)

ANSWER

This peptide cheat sheet collects the unit formulas and record fields needed to audit a vial calculation. It covers mg, mcg, mL, syringe calibration, concentration and label details. It contains no compound-specific amount, schedule, progression or sourcing advice.

This chart is a calculation reference. The amounts shown are labels or arithmetic examples; this chart states no dose and gives no **medical advice**.

Fields needed to reproduce a peptide vial calculation

Each row is a direct conversion. No row is highlighted or selected for the reader.

Record item	Meaning	Keep with every entry
Vial mass	Total labelled mass	mg and original label photo
Diluent volume	Measured liquid added	mL and date
Concentration	Mass divided by volume	mg/mL or mcg/mL
Syringe calibration	Marks per millilitre	U-100, U-50 or U-40
User-entered amount	Value chosen outside the tool	mg or mcg
Result volume	Amount divided by concentration	mL and barrel units

Sources

NIST Guide for the Use of the International System of Units (<https://www.nist.gov/pml/special-publication-811>)

FDA syringe safety and device information (<https://www.fda.gov/medical-devices/general-hospital-devices-and-supplies/syringes>)

• KEY FACTS

- ✓ **Arithmetic reference only:** every numeric cell is a unit conversion or mass ÷ volume result.
- ✓ **No amount is selected:** any target amount shown is explicitly a user-entered example axis.
- ✓ **Printable:** the HTML table and downloadable PDF are generated from the same source.
- ✓ **Check the label:** a table cannot authenticate a vial, syringe or diluent.

How to read this chart

Use a value printed on your own label or measuring device, then follow the row to the converted unit. The table performs deterministic arithmetic and does not decide which row applies to you.

What this chart does not do

It does not select an amount, product, diluent volume, schedule or progression. It is a printable reference for values that already exist in your own record.

Source and method

The table was generated from the stated formula and checked against **NIST Guide for the Use of the International System of Units · FDA syringe safety and device information**. External sources provide unit or identity context; the numeric grid itself is original arithmetic.

Frequently asked questions

Does this printable chart recommend a dose?

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No. It converts labelled mass, measured volume and user-entered values. It provides no

starting amount, upper limit, schedule or progression.

Can I use the PDF without the website?



Why is the source list separate from the numeric table?



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